

# Bookworm YOGA

*Getting Bendy with Great Books!*

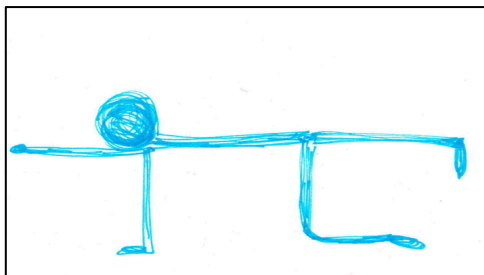
proudly presents

## Sylvester and the Magic Pebble

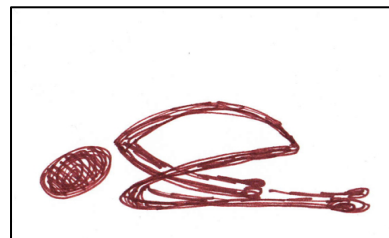
by William Steig

**Sylvester** is a donkey who loves to collect **pebbles** of unusual shape and colour. One day he discovers a remarkable red pebble, and quickly realises that it holds the power to grant wishes. He wishes it would stop raining, and it does! He wishes it would rain again, just to test it, and it does! Thunder, **Lightning**, BOOM!

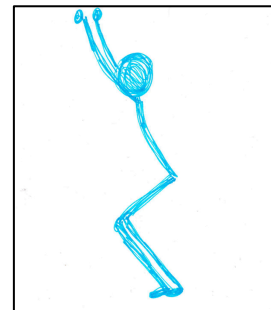
On his way home to share this remarkable **pebble** with his family, he happens upon a **lion** who regards him hungrily. **Sylvester** panics, and says, 'I wish I were a rock!' And then, all of a sudden, he IS... with no means of turning back into himself again. Through changing seasons, **howling wolves** perched on his rock, will Sylvester ever be himself again?



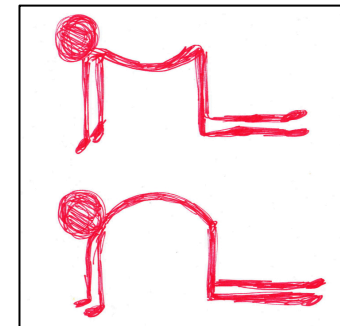
**Sylvester exploring**  
(Opposite arm and leg  
extensions)



**Magic Pebble**  
(Balasana)



**Lightning**  
(Utkatasana)



**Lion**  
(Cow and Cat Pose –  
Bitilasana / Marjaryasana)



**Howling Wolf**